

Twin Dragon Kung Fu Academy, inc.

Spring Dragon Camp 2020 March 30- April 3



Explore the Art of Kung Fu with Twin Dragon's Spring Camp!

Keep young minds sharp and bodies strong with our fun and popular Dragon Camp. Campers enjoy a day of martial arts related activities, games, and projects. They will work on the basic fundamentals of our martial arts system and learn practical self-defense techniques in a fun, safe and caring environment. The goal is to create a fun and safe experience that encourages children to build good relationships, learn martial arts, and develop self-discipline, self-control and a sense of responsibility.

A day in our camp will include:

- Warm Ups & Stretching
- Fun Conditioning Exercises
- Learning/Practicing Belt Material
- Games/Exercises to Improve Kicks and Blocks
- Weapons Training for Advanced Students
- Self Defense Exercises
- Fun Kung Fu Games, Arts n Crafts
- Various games and contests to help students earn award points

More Info on the Camp:

- Twin Dragon will provide Half Day and Full Day students with snacks around 10:30am and 2:30pm.
- Students are required to bring their own lunch.
- Students are not required to wear uniforms; however, we recommend they wear comfortable exercise clothes.
- Students drop off is 8:30 am to 9:00am. Half Day pick up is promptly at 12pm and Full Day pick up is promptly at 3pm. (Pick up after 3:00 may result in extra fee --\$1.00 per min. per child)
- After Care available from 3:00-4:00 for \$10.00 additional charge per day or \$35 for the week
- First Sibling receives a \$5.00 discount on full week/same week sign up.

To Sign up: Check off the days you would like, fill out Registration Form on the back of this page and make your deposit.

<u>Half Day 8:30am – 12pm</u>	Half Day Prices	Full Day 8:30am – 3pm	Full Day Prices
 □ Monday, Mar 30th □ Tuesday, Mar 31st □ Wednesday, Apr 1st □ Thursday, Apr 2nd □ Friday, Apr 3rd 	1 Day - \$55 2 Days - \$110 3 Days - \$ 165 4 Days - \$ 220 5 Days - \$ 275 \$250	 □ Monday, Mar 30th □ Tuesday, Mar 31st □ Wednesday, Apr 1st □ Thursday, Apr 2nd □ Friday, Apr 3rd 	1 Day - \$70 2 Days - \$140 3 Days - \$210 4 Day - \$ 280 5 Days - \$350 \$325
□ Mar 30-Apr 3 Full Week , Half day	□ After Care 12-1 pm \$10day/\$35wk	□ Mar 30-Apr 3 Full Week, Full day	□ After Care 3-4 pm \$10day/\$25wk

***Non Refundable, Non Transferable \$50 camp deposit required and will be applied toward your fees.

Questions? E mail: SenseiRita@gmail.com or 650-591-1127



2020 Twin Dragon Camp Registration Form



Each Child Requires a Separate Registration Form

Child's Name:	Birthda	Birthdate:	
Home Address:	Apt	City:	Zip:
Home Phone:	Cell:	Are you a Twi	in Dragon Student? : rank
Parent/Guardian Name:		Parent/Guardian Name:	
Work #	_ Emergency #	Work #	Emergency #
EMERGENCY CONTAC	CTS WITH PERSONS AUTHORIZED	TO PICK UP PARTIC	CIPANT
down the emergency contac	ct list. No adults other than those listed as	the parent/guardian or t	parent/guardian cannot be reached we will call those listed below will be able to pick up your ardian. <i>Picture ID required for pick-up</i> .
Name:	Cell #	Alternate #	Relationship
Name:	Cell #	Alternate #	Relationship
Name:	Cell #	Alternate #	Relationship
TDA property, solely and co Medical Release: This healt understand and agree that TI emergency, I hereby give per I agree to and understand t all the children. Children ma If my child will no I will sign my child	mpletelyinitials h history is correct, so far as I know, and the DA assumes no financial obligations for such mission to the physician/medical facility selected that the participants must follow and abide by not leave the property or established bound to be attending the program, I will call TDA be in and out each day. he program, I understand and accept the about payment.	person herein has permiss medical treatment, but, in ected by TDA to provide of the rules and regulations laries without staff permis by 8:30 am and notify staff	n the case that I cannot be reached for an emergency treatment for my childinitials set by TDA for the health, safety, and welfare of ssion.
			arts camp and related body conditioning activities
I assume all risk of injury to for myself and my heirs, ad officers, agents and employe sustained by my person and negligence. I represent and	my person and property that may be sustain ministrators, and assigns, release, discharge es and all other participants in such activities or property during my presence on the prem	ed in connection with the and hold harmless Twin s from all claims, demands hises and participation in s competent to sign the relea	spected danger may arise during such activities and a activities in and about the premises. I hereby, and a Dragon Kung Fu Academy, its owners, directors its, action and causes of action of any sort for injury such activities due to any cause including student ease and hold harmless agreement: that I have readed this document of my own free act.
PARENT/GUARDIAN S	SIGNATURE		DATE