

# Twin Dragon Kung Fu Academy, inc. Lunar New Year Dragon Camp 2020 Feburary 18-21



### Gong Hey Fat Choy!!

Keep young minds sharp and bodies strong with our fun and popular Dragon Camp. Join Twin Dragon in this new and exciting camp as we learn about Chinese New Year, the year of the Rat and the Animals in our Kung Fu System. Activities will include martial arts related activities, games and projects focusing on the character traits of the kung fu animals and their movements. Campers will also work on the basic fundamentals of our martial arts system and learn practical self-defense techniques in a fun, safe and caring environment. Our goal is to create a fun and safe experience that encourages children to build good relationships, learn martial arts, and develop self-discipline, self-control and a sense of responsibility.

#### A day in our camp will include:

- Warm Ups & Stretching
- Fun Conditioning Exercises
- Learning/Practicing Belt Material
- Games/Exercises to Improve Kicks and Blocks
- Weapons Training for Advanced Students
- Self Defense Exercises
- Fun Kung Fu Games, Arts n Crafts
- Various games and contests to help students earn award points

#### More Info on the Camp:

- Twin Dragon will provide Half Day and Full Day students with snacks around 10:30am and 2:30pm.
- Students are required to bring their own lunch.
- Students are not required to wear uniforms; however, we recommend they wear comfortable exercise clothes.
- Students drop off is 8:30 am to 9:00am. Half Day pick up is promptly at 12pm and Full Day pick up is promptly at 3pm. (Pick up after 3:00 may result in extra fee --\$1.00 per min. per child)
- After Care available from 3:00-4:00 for \$10.00 additional charge per day or \$35 for the week
- Siblings receive a \$5.00 discount on full week sign up.
- To Sign up: Check off the days you would like, fill out Registration Form on the back of this page and make your deposit.

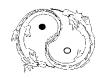
<u>Half Day 8:30am – 12pm</u>	Half Day Prices	<u>Full Day 8:30am – 3pm</u>	<b>Full Day Prices</b>
<ul> <li>□ Tuesday, Feb 18<sup>th</sup></li> <li>□ Wednesday, Feb 19<sup>th</sup></li> <li>□ Thursday, Feb 20<sup>th</sup></li> <li>□ Friday, Feb 21<sup>st</sup></li> </ul>	1 Day - \$55 2 Days - \$110 3 Days - \$165 4 Days - <del>\$220</del> <b>\$205</b>	<ul> <li>□ Tuesday, Feb 18<sup>th</sup></li> <li>□ Wednesday, Feb 29<sup>th</sup></li> <li>□ Thursday, Feb 20<sup>th</sup></li> <li>□ Friday, Feb 21<sup>st</sup></li> </ul>	1 Day - \$70 2 Days - \$140 3 Days - \$210 4 Days - <del>\$280</del> \$265
□ Feb 18-21 (Full Week Half days) Tuesday-Friday	□ After Care 12-1 pm \$10day/\$35wk	□ Feb 18 −21 (Full Week Full days) Tuesday-Friday	□ <b>After Care 3-4 pm</b> \$10/\$35wk

\*\*\*Non Refundable, Non Transferable \$50 camp deposit required and will be applied toward your fees.

Questions? E mail: SenseiRita@gmail.com or 650-591-1127



# 2020 Twin Dragon Lunar New Year Camp Registration Form



## Each Child Requires a Separate Registration Form

Child's Name:	Bir	thdate:	SexM F AGE	
Home Address:	Apt.	City:	Zip:	
Home Phone:	Cell:	Are you a Twin Dr	ragon Student? : rank	
Parent/Guardian Name:		Parent/Guardian N	Parent/Guardian Name:	
Work #	Emergency #	Work #	Emergency #	
EMERGENCY CONTA	CTS WITH PERSONS AUTHORI	ZED TO PICK UP PARTICIPA	NT	
down the emergency cont	act list. No adults other than those lis	ted as the parent/guardian or those	nt/guardian cannot be reached we will call listed below will be able to pick up your n. Picture ID required for pick-up.	
Name:	Cell #	Alternate #	Relationship	
Name:	Cell #	Alternate #	Relationship	
Name:	Cell #	Alternate #	Relationship	
understand and agree that Temergency, I hereby give p  I agree to and understand all the children. Children m  If my child will r  I will sign my ch	Ith history is correct, so far as I know, a TDA assumes no financial obligations for the ermission to the physician/medical facily. It that the participants must follow and a lay not leave the property or established not be attending the program, I will cally ild in and out each day.	or such medical treatment, but, in the lity selected by TDA to provide emer bide by the rules and regulations set boundaries without staff permission. TDA by 8:30 am and notify staff.	case that I cannot be reached for an gency treatment for my child initial by TDA for the health, safety, and welfare of	
		Harmless Agreement		
I am fully aware of the risk I assume all risk of injury t for myself and my heirs, a officers, agents and employ sustained by my person an negligence. I represent am	and danger involved in such activities o my person and property that may be s dministrators, and assigns, release, disc wees and all other participants in such ac d or property during my presence on th	and that unanticipated and unexpected sustained in connection with the active charge and hold harmless Twin Dragetivities from all claims, demands, act the premises and participation in such gally competent to sign the release a	camp and related body conditioning activities. ed danger may arise during such activities and rities in and about the premises. I hereby, and gon Kung Fu Academy, its owners, directors, tion and causes of action of any sort for injury activities due to any cause including students and hold harmless agreement: that I have read a document of my own free act.	
PARENT/GUARDIAN	SIGNATURE		DATE	